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BIMONTHLY ORGAN OF THE TRAINED NURSES' ASSOCIATION OF INDIA

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## **About Articles in This Issue**

Nurses all over are suffer from heavy workload with the result that quality of patient care is at times compromised. In a **time-motion study** by *Arya Satheesh et al* conducted in a multispeciality hospital in Kozhikode (Kerala) **to assess the workload of nurses**, analysis of data from 45 nurses revealed that their utmost time (53.9%) was spent on indirect patient care activities, and very little time (3%) as personal time (as against the allocated 8% time).

Cervical cancer among women is quite common, with significant morbidity and mortality on this count. After their study of nurses' knowledge about **cervical cancer among reproductive-age women** in rural Berasia tehsil of Bhopal (MP), *Neelofur I Ali & Shefali Latesh* advocate educational and community-based preventive interventions to bridge the knowledge gap for better outcomes

Due to diminishing fertility rates worldwide, more and more women are seeking reproductive technology for having families; however, the needy women neither have **adequate legal & ethical knowledge of reproductive issues** involved, nor **awareness about their rights**. Dwelling on the human rights violations in this scenario, and need for promoting necessary legal knowledge among women seeking assisted reproductive technologies, *Sudha & Nayar* suggest empowerment of nurses as agency in securing justice in reproductive matters.

Prevalence of **non-obese non-alcoholic fatty liver disease** to epidemic proportions has added to the responsibility of nurses. Based on a scoping review of literature during 2015 to 2024 as indexed in PubMed, Scopus, and Google Scholar, *Bharti Sachdeva* brings out the role of nurses in evolving strategies for early identification of this pathology. The author suggests such strategy to be integrated into national health & continuous education programmes.

Stimulation techniques have a definite effect in enhancing thinking skills and arriving at better clinical judgement. *Anil Kumar Sharma et al* assessed the impact of **simulation-based leadership training on critical thinking skills and clinical judgement** of 600 BSc (N) final year students of Charotar region (in Gujarat) and discovered that simulation-based leadership training was effective in improving the critical thinking and clinical judgement skills of nursing students.

In teaching-learning, **Jigsaw method** (advanced by Robert Slavin) has **clear advantages over traditional classroom method** in overcoming learning gaps. Based on a study among BSc and GNM students of three nursing institutions of Bengaluru, *Laishram Dabashini Devi* showed that there was an enhancement in terms of students' grades and learning experience among the Jigsaw learning method as found as against traditional which revealed no changes in the method of learning in the pre-test and post-test groups.

Behind the incidences of low vision and blindness, refractive error is the commonest visual impairment; **uncorrected refractive error** lowers academic performance, and quality of life. After a study of 277 students of 9-12 standard in Bhopal district, *K Leah et al* suggest that community health officer has a crucial role in encouraging needy students to visit eye clinic/ophthalmologist.

**Parents of children with intellectual disabilities** face significant **stress** in handling the affected children. In their study conducted in Anand district of Gujarat on stress and coping strategies adopted by 100 parents from special schools in Anand district of Gujarat. such parents, *Tejal Virola et al* emphasise the need for targeted support and intervention.

To a woman, there is no experience as exhilarating as well as awful as the childbirth. However, she has to bear with the enormous pain at this stage. In a study on birthing ball exercise on labour pain, coping, foeto-maternal parameters among 30 parturient women, conducted in Lisie Hospital, Kochi (Kerala), Siyana et al demonstrate how **birthing ball exercise** can bring in good experience for the parturient woman.

Evelyn P Kannan

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